



Ministry of Health and Social Services
Republic of Namibia

NAMIBIA COVID-19 SITUATION REPORT NO. 90			
Outbreak Name	<i>COVID-19 outbreak</i>	Country affected	<i>Namibia</i>
Date & Time of this report	<i>16.06.2020 22:15 hrs</i>	Investigation start date	<i>13 March 2020</i>
Prepared by	<i>Surveillance Team</i>		

1. SITUATION UPDATE / HIGHLIGHTS

- No new confirmed case was recorded today (16 June 2020)
- Cumulatively, **34** confirmed cases have been reported in the country.
- Of the **34** confirmed cases, eighteen **18 (52.9%)** have recovered.
- Twenty-eight **28 (82.4%)** of the confirmed cases are imported while **6 (17.6%)** are local transmissions.
- No death has been recorded, case fatality rate is **0%**
- On 08 June 2020, His Excellency, The President of the Republic of Namibia announced the extension of the Stage 1 restrictions imposed on the Walvis Bay Local Authority Area to the entire Erongo region;
 - Effective from midnight 08 June 2020 until midnight 22 June 2020.
- The other regions are still under Stage 3 of national lockdown which covers a period of 28 days (01 June 2020 – 29 June 2020).

2. BACKGROUND

Description of the cases

- **Index cases:** Two confirmed cases of COVID-19 were reported in Windhoek district on 13 March 2020. The married couple; a 35-years-old male and a 25-years-old female, arrived from Madrid, Spain on 11 March 2020.
- On 15 June 2020, Namibia recorded two new confirmed cases, bringing the total number of confirmed cases to 34.

3. EPIDEMIOLOGY

Since 14 March, 2020 when the COVID-19 outbreak was declared in Namibia, a total of **34** cases have been confirmed. So far, four (4) regions have been affected, of which Khomas region recorded the highest number of cases; **17 (50%)**, while Hardap region recorded the least; **2 (5.9%)**, as per **figure 1**, below

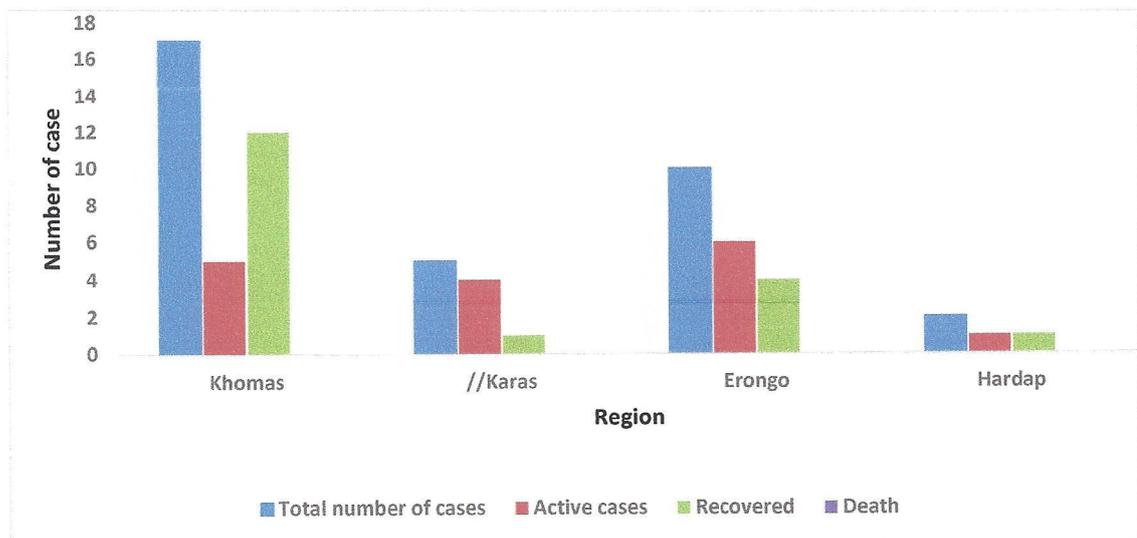


Figure 1 Distribution of Confirmed COVID-19 cases in Namibia, by region as of 16 June 2020

Namibia recorded its cases of COVID-19 during the epidemiological weeks displayed in figure 2 below.

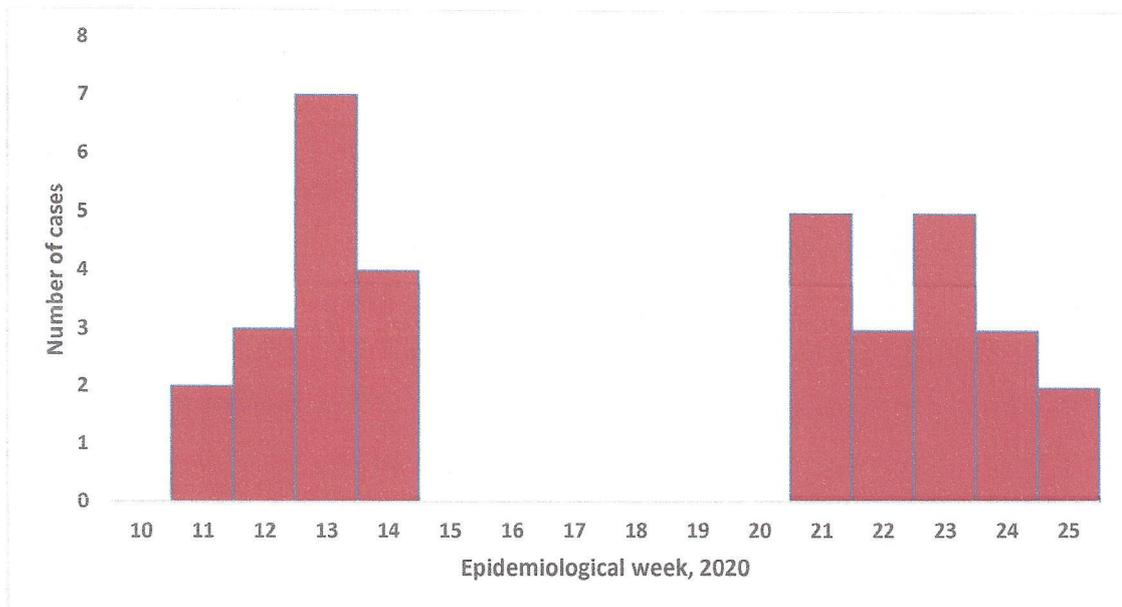


Figure 2: Epi-curve for confirmed COVID-19 cases in Namibia as of 16 June 2020

As presented in figure 3 below, more male cases are recorded; 22 (64.7%) comparing to female cases; 12 (35.3%).

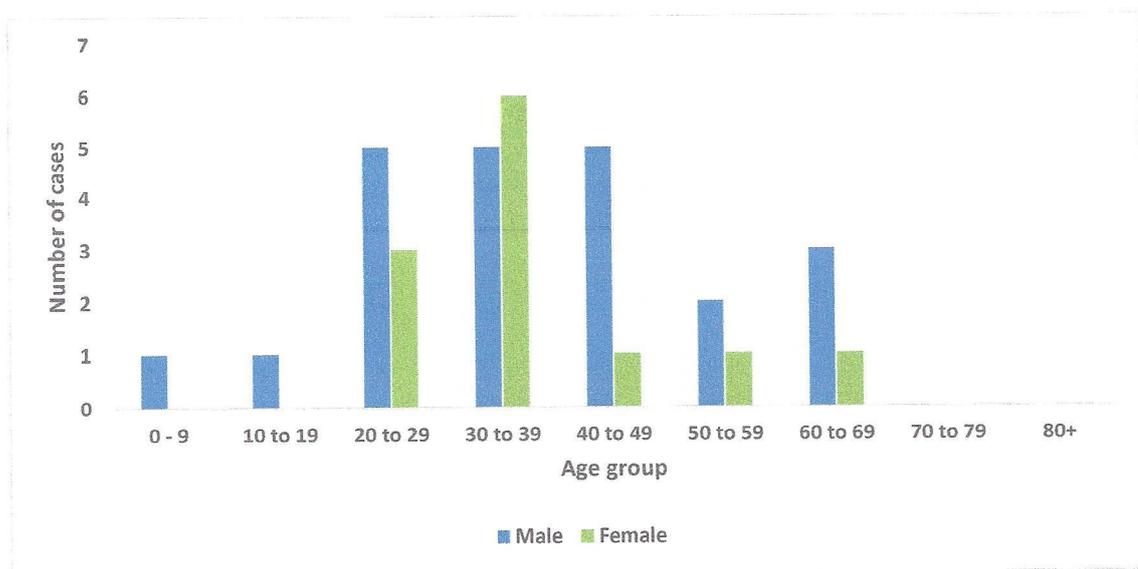


Figure 3: Age and sex distribution of COVID-19 confirmed cases in Namibia as of 16 June 2020

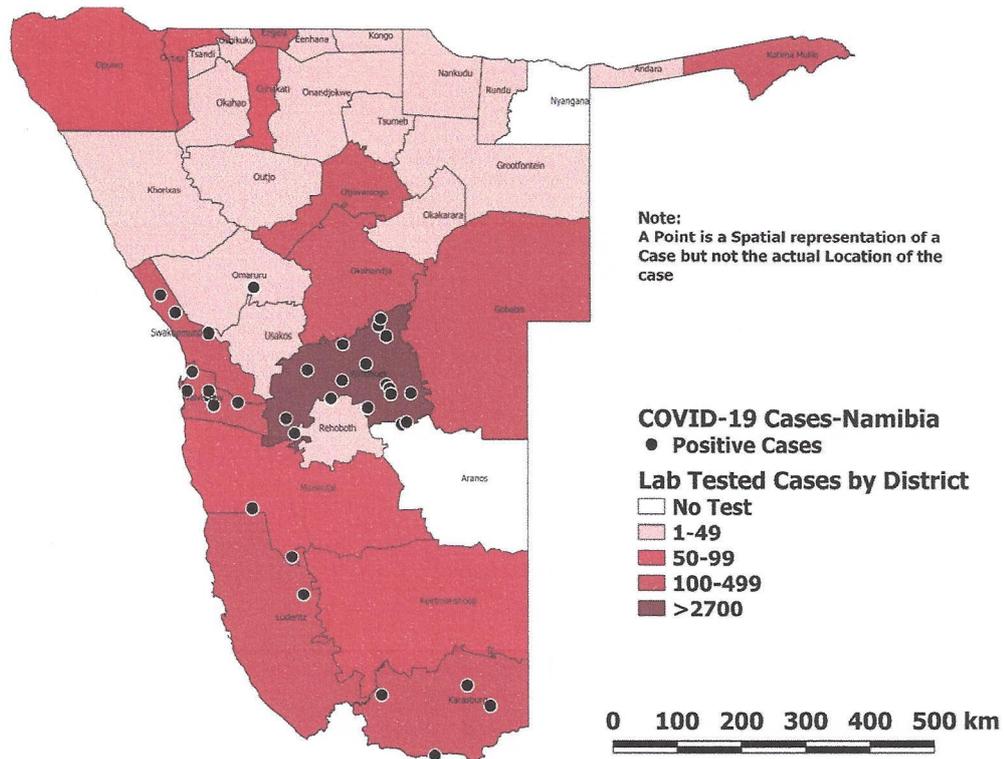


Figure 4: Distribution of suspected and confirmed COVID-19 cases in Namibia by District, 16 June 2020

4. PUBLIC HEALTH ACTION / RESPONSE INTERVENTIONS AND SURVEILLANCE

- **Case definitions as of 20 March 2020:**

Suspected case:

- A. A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath), AND a history of travel to or residence in a location reporting community transmission of COVID-19 disease during the 14 days prior to symptom onset; OR
- B. A patient with any acute respiratory illness AND having been in contact with a confirmed or probable COVID-19 case in the last 14 days prior to symptom onset; OR

C. A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath; AND requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

Probable case: A suspect case for whom testing for COVID-19 is inconclusive. Inconclusive being the result of the test reported by the laboratory

Confirmed case: A person with laboratory confirmation of COVID-19 infection, irrespective of clinical signs and symptoms

- **Active surveillance working case definition as of 20 April 2020**

A patient diagnosed with Upper/Lower Respiratory Infection (Mild or Severe) presenting any of the following signs and symptoms: cough, sore throat, fever, chills, myalgia/body pains or shortness of breath in the past 7 days.

- **Surveillance activities**

- Keetmanshoop NIP is ready to test specimens taken from truck drivers as of today (16 June 2020).
- Call centre continue operations for 24 hours every day; **738** calls were answered at the hotline today (16.06.2020) and **8** alerts were investigated.
- Namibia COVID-19 dashboard accessible via a link on the MoHSS's website <http://www.mhss.gov.na/> or at <https://cutt.ly/Covid-19-situation-Namibia>
- Active case search in all regions is ongoing.
- Contact tracing and monitoring is ongoing (see **Table 1**).
- Mandatory supervised quarantine of all persons arriving from abroad is ongoing (see **Table 2**).
 - All people are tested upon entry into mandatory quarantine for rapid detection of positive cases.
 - All people in quarantine are monitored daily for 14 days and are being tested twice (upon arrival and on day 12 before release on day 15 if they test negative).

CONTACT TRACING SUMMARY

Table 1: National contacts tracing summary for COVID-19 as of 16 June 2020

Variables	High	Medium	Low	Total
Total Number of contacts listed for follow up (potential)	241	111	307	659
Total Number of contacts identified (cumulative)	241	111	283	635
Total number of Contacts never reached	0	0	24	24
Total Number of contacts lost to follow up	0	2	5	7
Total Number of contacts that developed signs & symptoms	28	9	11	48
Total Number of contacts that tested positive (became cases)	5	1	0	6
Number of active contacts monitored/followed in the last 24hrs	67	11	30	108
Total number of Contacts completed 14-days follow up	168	100	244	512

As of 16 June 2020, a total of **635** contacts of confirmed cases have been identified. A total of **512** contacts have completed their 14 days of follow up, **110** are still active and being monitored daily for 14 days and only **108** were monitored today. (Table 1).

The National and Regional team is supporting the Walvis Bay district team in reviewing recent cases and contacts to rule out possible community transmission and to identify possible COVID-19 transmission hot spots for enhanced response.

Table 2: Number of people in mandatory quarantine facilities as of 16 June 2020

Region	Newly quarantined 24 hours	Cumulative number of people	Number people discharged	Number of people in quarantine now
Kunene	0	53	53	0
Omaheke	0	94	57	37
Kavango	1	72	55	17
Omusati	0	102	87	15
Oshana	2	32	20	12
Ohangwena	0	203	167	36
Hardap	0	151	141	10
Otjozondjupa	0	331	326	5
Khomas	30	941	629	312
Zambezi	0	376	301	75
//Kharas	9	416	330	86
Erongo	0	146	114	32
Oshikoto	2	44	42	2
Total	44	2961	2322	639

As of 16 June 2020, a total of **2961** persons who came into the country have been placed into supervised quarantine facilities around the country. Of the 2961, **2322** have been discharged and **639** are currently quarantined (**Table 2**).

LABORATORY INVESTIGATIONS

- As of 16 June 2020, a total of **6109** (including **526 re-tested**) COVID-19 specimens have been tested in the two laboratories (NIP and Path Care) as per **Table 3** below:

Table 3: COVID-19 specimens recorded at NIP and Path care Laboratories as of 16 June 2020

Variables	Laboratory			Total
	NIP	Path care	South Africa	
Total sample received by the Laboratory	4985	1216	-	6201
Total sample tested	4403	1180	-	5583
Total sample re-tested	498	28	-	526
Total positive results	28	7	1	36
Total negative results	4375	1173	-	5548
Total sample discarded	68	8	-	76
Total pending results	16	0	-	16
Total inconclusive/indeterminate results	0	0	-	0
Total new suspected cases in last 24 hours	117	28	-	145

COUNTRY COORDINATION, PLANNING AND MONITORING

- A delegation has been sent to Erongo region to give technical support for two weeks from 11 - 25 June 2020.
- Another delegation was sent to Omaheke Region on 15 June 2020 to give 2 days technical support.
- Drafted and submitted a concept note for integrated support visits to other regions (Zambezi, Kavango, Ohangwena, Omusati, Kunene, Karas and Oshana region) to management.

CASE MANAGEMENT:

- Out of the 34 cumulative confirmed cases, 18 have recovered after testing negative twice for COVID-19 at 48 hours' interval.
- Of the 16 active cases, 1 is still in ICU but in a stable and improving condition. The other 15 are clinically stable.

INFECTION PREVENTION AND CONTROL:

- IPC activities are on going:
 - Distribution of PPE according to the Regional plans.
 - Monitoring of IPC in health facilities

LOGISTICS.

- Received a donation of 35 laptops (each with a bag and a mouse), and 37 tablets from Old Mutual Namibia for surveillance pillar.
- Facilitation of the allocation of quarantine facilities around the country and transportation of discharged people from quarantine facilities is ongoing.

POINTS OF ENTRY:

- Ongoing screening and inspection of incoming travellers and trucks at points of entry and check points.

Table 4. Distribution of truck drivers who came into Namibia from neighboring countries and their destination regions on 16 June 2020

Destination	Country of departure						Total
	RSA	Zambia	Botswana	DRC	Angola	Zimbabwe	
Karas	52	0	0	0	0	0	52
Khomas	68	0	8	0	4	0	80
Oshana	7	0	0	0	0	0	7
Otjozondjupa	6	0	3	0	1	0	10
Kavango	0	0	1	0	1	0	2
Ohangwena	0	0	0	0	0	0	0
Hardap	3	0	0	0	0	0	3
Kunene	1	0	0	0	0	0	1
Omaheke	0	0	0	0	0	0	0
Omusati	1	0	0	0	0	0	1
Oshikoto	0	0	0	0	0	0	0
Zambezi	0	0	0	0	0	0	0
Erongo	5	37	14	0	2	0	58
Total	143	37	26	0	8	0	214

The majority **143 (66.8%)** of the truck drivers departed from South Africa to various regions. The largest number **80 (37.4%)** of truck drivers were headed to Khomas Region (**Table 4**)

RISK COMMUNICATION AND COMMUNITY ENGAGEMENT:

- With the current status of COVID-19 in Erongo region, the RCCE pillar has prioritised the training of the Community Health Workers to ensure intensified risk communication activities in the region.
- Street drive announcements of COVID-19 messages are being done in Walvisbay district during the stage 1 lockdown period.
- The Communication center continues to engage other sectors on COVID-19 response, the latest session was on the assessment of Child-friendly justice in Namibia.
- Production of the IEC materials to communicate the stage 3 regulations and guidelines.
- Distribution of IEC materials is ongoing. A total of 6000 copies of printed IEC have been given to Kavango East and West regions.

PSYCHOSOCIAL SUPPORT SERVICES:

- Continuous provision of health education, psychosocial support services to persons in need i.e;
 - Confirmed cases and their families
 - People in quarantine
 - Persons in need of shelter

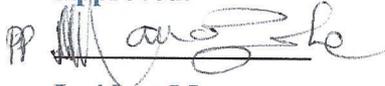
5. CHALLENGES:

- Inadequate isolation units at health facilities in the regions.
- Inadequate PPE
- Inadequate nasopharyngeal swabs and appropriate transport media.

6. RECOMMENDATIONS AND WAY FORWARD:

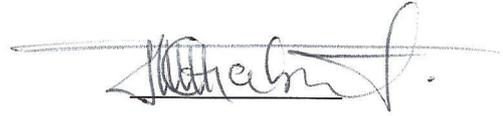
- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs and appropriate transport media.

Approved:



Incident Manager

Date: 16 June 2020



Secretariat

For enquiries, please contact

Namibia Public Health Emergency Operations Centre;

Email: PHEOC@mhss.gov.na

Hotline Toll-free: [0800 100 100](tel:0800 100 100)

Hotline Whatsapp: [085 1100 100](tel:085 1100 100)